



## GOOD COMPANY:

### FACTS AND FICTIONS ABOUT BIKUR CHOLIM (VISITING THE SICK)

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**Not just for Adults. Teens love it too!!!** A focus group with teens was held at the 21<sup>st</sup> Annual Bikur Cholim conference on Sunday November 9, 2008 in New York City.

#### Here are some of the comments:

Saw other sides to it [visiting]. You feel only doctors and nurses do something, but **what YOU do makes a difference.**

Lots of text gets repetitive. This is bright, you SEE it. **A picture is worth a thousand words.** Pictures show you how to act.

Illustrates helpful pointers...

**Now I know** when I go into a hospital room I'm not going to just sit down and say 'how are you feeling?'

**You can see the emotions** of the people in the cartoons...you can see what you should look like when you walk in there. [For example] you shouldn't walk in bored like you don't want to be there. You should put a smile on your face.

If you give them (students) paragraphs of pointers they won't want to read it, but if you say, here, here's a comic book, read it, chances are they'll be **more enthusiastic** to reading this.

**\*[The comic] gives very good points on things that people are generally very worried about ...** There's nothing in [the comic] that you look at and say I have no idea what it's talking about at all.

There are 613 mitzvot out there... you need...people to step up and say, I'm going to do bikur cholim, I'm going to be the one who does it...**and from this book we can learn how to really enjoy doing it.**

[The comic] book shows everyone has concerns [about doing bikur cholim, but], that shouldn't however hinder your ability to do bikur cholim...do it anyway...follow certain guidelines [and] **even if you're nervous in the end, it will be rewarding.**

[The comic] gives very good points on things that people are generally very worried about, as in what do you talk about, so it gives you an answer for that. Or if the people ask you for advice it gives you an answer to that. There's nothing in there that you look at and say I have no idea what it's talking about at all.  
[I know now] **it's not like the end of the world if it doesn't go perfect.**



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