



Disallowed Interventions

In order to bolster the healing work of bikkur holim, we have produced this handy guide which clearly lists those interventions that are forbidden, and why we so unambiguously reject them. Should you develop any interventions/approaches that seem potentially helpful, please contact us so we can spell out why they are not to be utilized. Thank you.

<u>Approach/Intervention</u>	<u>...can't do because....</u>
Love	too Christian
Mindfulness, Silence	too Buddhist
Touch	feels too good
Chanting	too Hassidic
Smiling	too easily misinterpreted
Torah	too Litvak
Talking about God	too theological
Pain Medication	too much like an addict
Forgiveness	too personal
Feeding, Breaking bread	individual might be on a diet
Hugging	too 60's-ish, and might get stuck
Reading Poetry	who understands poetry?
Hand-holding	too sweaty
Eye contact	too intimate; might lead to Love (see above)

Developed in a tongue-in-cheek moment by Rabbi Simkha Y. Weintraub, LCSW © June, 2002