

Bikur Cholim Conference November 2009

Fostering Caring Communities in Challenging Times

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I. Introduction

II. Outline of the workshop

- i. Overview of these challenging times – what we're up against

- ii. What we're seeing in our communities, in our volunteers, in ourselves?

- iii. Asking for help - what helps and hinders?

- iv. Sharing – what has worked in your communities?
What are the challenges you've faced and observed?
What about Connect to Care?

- v. Self-Care – assessment and envisioning.

- vi. Closing Circle